

האיגוד לספורט הניווט בישראל

IOF World Ranking Events for M21E/W21E

2 WRE Middle Distance Competitions

in conjunction with

2016 Israel Open Championship

18-19-20 February 2016

BULLETIN 1

Israel Sport Orienteering Association

Event Director Ziv Noiman

Event Organizers Day 1 Coordinator Rafi Heiman, Hasharon Orienteering Club

> Yakir Goldner, Emek Hefer Orienteering Club Day 2 Coordinator

Course Planners Eyal Heiman, Alexey Marchenko, Aram Yacobi

Yoram Shechori **IOF Event Advisor**

> Israel Orienteering Association (IOA) office@nivut.org.il

Kibbutz Ein Hahoresh, 38980, Israel

Telephone: +972-4-612-7714

Event web page: http://israelorienteering.org/israel-open-championship-2016/

Israel Orienteering on Facebook for the latest news, updates, photos and links.

Event Info



Venues

Contact

The 2016 Israel Open Championships will be held in the Ben Shemen Forest, in the heart of Israel, midway between Jerusalem and Tel Aviv.



The WRE events will be held in conjunction with the 2016 Israel Open Championship. The courses for the Elite classes will be the same for both the WRE and the Open The overall standing in the Israel Open Championships will be determined by the two-day total. Thursday, 18 February – Model Event – Neot Kedumim Note that this event is **not** part of the Israel Open Championship. The model event serves to demonstrate the terrain, map quality, control **Program** features, control set-up, refreshment points and marked routes. 12:00-14:00 - Start window Friday, 19 February – Israel Open – Middle WRE – Ben Shemen 9:00 - First start Saturday, 20 February – Israel Open – Middle WRE – Kivrot Hamaccabim 9:00 - First start 12:30 – Award ceremony for WRE Middle Distance Day 1 and Day 2 12:45 – Award ceremony for Israel Open Championships – All Categories WRE: Entries for WRE competitions must be made using IOF EVENTOR. Competition Day 1 Competition Day 2 Competitors who are not listed in Eventor will not be allowed to start in class 21E. Non-WRE: The Israel Orienteering online registration system is not available in English. Therefore, registration for non-WRE competitions must be made by email to Israel Orienteering: office@nivut.org.il For each participant, please provide the following information: Registration First name, last name Male/female Year of birth Country Club Your SPORTident card number OR request to rent Email address or other contact information For WRE and non-WRE, the entry fee per event is 50 NIS (~12 Euro), and includes SPORTident card rental. Once you have registered, payment can be made in the following ways: **Payment Prior to events** – Payment by credit card, by contacting the IOA office. At venue – Payment in cash, in Israeli shekels (NIS), at cashier desk. The deadline for WRE entries is 10 February 2016. The deadline for all other classes is 16 February 2016. **Deadlines** Start lists will be announced on 17 February 2016. All events will be organized using the SPORTident electronic punching system. Competitors who have SI cards can bring and use their own cards. SPORTident **Punching System** cards can also be rented from the organizers.

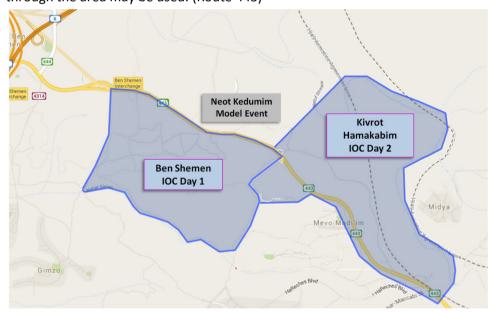
Classes	Course Designation
H21A	(WRE M21E) Long
D21A, H21B, H35A, H40, H18	(WRE W21E) Medium +
H45, H50A	Medium A
D16, H16, H21C,	Medium B
D21B, D35, H35B, M55	Medium C
H50B, H60, H65, H70	Short+ Men
D21C, D40, D45, D50, D55, D60	Short+ Women
D65, D70, H75, H80, H85	Short+ Gold
D14, H14	Short A
D12, H12	Short B

Classes and Courses

WRE Winning Times

Class	Day 1 - Middle	Day 2 - Middle
Men	35 minutes	35 minutes
Women	35 minutes	35 minutes

Entry to the embargoed areas is prohibited for potential team members, leaders and others, who through the knowledge of the terrain could influence results of the WRE and/or Israel Open competition. However, paved public roads passing through the area may be used. (Route 443)



Embargoed Areas



Maps and Terrain	Map: Ben Shemen (2015) Scale: 1:10,000, 5m contours. Map maker: Petr Matula (Old map: S. Yakimov, 2003) Mixed natural and planted pine/fir forests with a large network of paths and trails. Some semi-open areas with low vegetation. Moderately hilly. Scattered rock features and some man-made ruins. Map: Kivrot Hamaccabim (2014) Scale: 1:10000, 5m contours. Map maker: Petr Matula (Old map: S. Yakimov, 2002)		
	Mixed natural and planted pine/fir forests with a large network of paths and trails. Some steep hills. Some areas of heavy undergrowth and some areas with numerous rock features.		
Training Opportunities	There are many opportunities for training throughout Israel. The following maps are all in the vicinity of this year's Israel Open, and can be used for training:		
	Beit Gamal Burma Road Canada Park Nachshonim		
	Neve Shalom Taoz Tel Azeka (South) Tel Hadid		
	The complete database of Israel Orienteering maps is at: http://www.nivut.org.il/English/Maps.aspx		
	To arrange training in Israel, contact Israel Orienteering: office@nivut.org.il		
Transportation	Israel's main airport is Ben Gurion International Airport (TLV), midway between the major cities of Tel Aviv and Jerusalem. Travel time from the airport to either city is about half an hour. The competition venues in the Ben Shemen Forest are all about 10 kilometers		
	from the airport. No official transport will be offered. International competitors are advised to hire a car from a recognized car rental company.		
	We recommend accommodations in either Tel Aviv or Jerusalem, to enjoy the added benefit of tourist sites and services. The competition venues are easily accessible from either city.		
Accommodations	Israel Youth Hostel Association – Network of guesthouses and youth hostels throughout Israel. Field Schools – The Society for the Protection of Nature in Israel (SPNI) offers hostel accommodations throughout Israel. Israel Hostels (ILH) – Independent Travelers' Accommodation		
Weather	Israel enjoys long, warm, dry summers (April-October) and mostly mild winters (November-March). You will need warm clothing for the evenings and rainy days. In general, you can expect to enjoy sunshine and comfortable temperatures during the championships.		
Clothing	There are no clothing regulations for orienteering, and competitors may wear the clothing of their choice. The organizers recommend that competitors wear long trousers/leg protection.		

Health Services

The organizer will coordinate healthcare services for participants. The Event Organizer will provide first-aid at the event center and at each competition site. Emergency care and major hospitals are within a 20 minute drive from each of the competition sites.

The Event Organizer will not bear responsibility related to medical costs for participants. Participants are responsible for their own insurance.

Safety and Security

Israel is a modern, western society, whose infrastructure and social services are among the most advanced in the western world. Israel is a young and dynamic nation in which everyday life is as normal as in any other European country.

Israel is one of the safest countries for tourists. The state authorities and security forces are at work constantly to ensure Israel is safe for visitors and citizens alike. Public buildings, shopping malls and crowded events are protected by private guards and local police. Crime against tourists is extremely rare.

Israel has excellent health and medical services. In general, tap water is fine for

drinking, and no special vaccinations are required prior to entering the country.

Visitors to Israel must hold a passport that is valid for at least six months from

Visas

Visitors to Israel must hold a passport that is valid for at least six months from the date of entry to Israel.

Many countries have a Visa Waiver Program with Israel which allows their citizens to visit Israel without a visa arranged in advance. For more information and a list of countries that do not need a visa, go to:

http://mfa.gov.il/MFA/ConsularServices/Pages/default.aspx

